

If you wish to receive services or support from any of these ministries, please either complete the online form located here or contact the Rev. Dr. David Tsai Shinn by email at dshinn@wpc-mpls.org or by phone at 612-332-3421.

RESOURCE DIRECTORY

WESTMINSTER PRESBYTERIAN CHURCH

CONGREGATIONAL CARE MINISTRIES

Congregational Care Pastor: David Shinn dshinn@wpc-mpls.org

Congregational Care Ministry Assistant: Deb Wagner dwagner@wpc-mpls.org

If you are looking for:

Listening and Support

Perhaps you are facing a life transition, grieving a loss, struggling with depression/anxiety or life's challenges. A confidential, active, non-judgmental presence and witness is ready to accompany you either in person or virtually.

Perhaps you are providing care for a loved one or friend and are experiencing stress, fatigue, and a mixture of emotions. You would like to meet with other folks going through the same type of journey one Saturday per month virtually.

Perhaps you are grieving a death in your family and you are looking for a support group with speakers.

Perhaps you have had surgery or are recovering from illness, have had a new baby or experienced a death in your family. You don't have time or energy to prepare a healthy meal.

MINISTRY TEAM LEADERS

Listening Ministry

Cindy Moss
Mike Christianson

Caregiver Support Group

Pat Stankovitch
Elsa Flores-Peet

Downtown Coalition for Grief Support

Lucy Quaintance

Meal Ministry

Megan MacFarlane
Sarah Hardy

Wellness and Self-Care

Perhaps you would like to learn more about the connection between wellness, spirituality, and self-care aimed toward health promotional efforts. Join us for periodic, interactive workshops, monthly blood pressure screenings (Sept.-May).

Health & Healing Ministry

Michelle Lavelle-Henry

Increased Connection with Westminster for Homebound

Perhaps you are no longer able to drive or walk to church. However, you want to maintain a close connection with the WPC community. You would enjoy having a relationship with a "church buddy" who will regularly visit you in your home, assisted-living space or nursing home.

Member-to-Member Ministry

Pat Stankovitch

Home Communion Visit

Several times per year, paired Westminster clergy and officers visit homebound members and share communion together.

Home Communion Ministry

Sarah Keisling
Beverly Sinning

Prayer

Perhaps you are praying for specific needs that you have and would like to have Westminster members pray along with you - either as a Prayer Companion following the 10:30am worship - or on their own as a part of Westminster's weekly prayer chain.

Prayer Ministry

Heather Heefner
Kathy Kukielka