Faith in Action Opportunity: Open Arms of Minnesota During Covid-19

| The opportunity | Open Arms of Minnesota — Meal Provision During COVID-19  
*Coordinated by the Hunger Ministry Team*  
Open Arms, founded in 1986, cooks and delivers free nutritious meals to people living with life-threatening illnesses in the Twin Cities. |
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| What volunteers do | • **Kitchen volunteers** prepare, portion and package food into single meal sets.  
• **Delivery volunteers** deliver meals to clients' doors in a socially distant manner.  
• **Urban Farm volunteers** help grow tasty veggies for the Open Arms kitchen.  
• **Receptionist volunteers** receive visitors and callers at the reception desk. |
| When | **Kitchen**: Monday through Friday, up to 5 shifts: 7:30 – 9:00 am, 9:00 – 11:00 am, 11:30 am – 1:30 pm, 2:00 – 4:00 pm, and 4:30 – 6:30 pm  
**Delivery**: Mondays through Fridays. Pick up route at 11 am, deliver food to clients at 4-6 locations in the Twin Cities geographic area of your choice, and then return delivery bags back to Open Arms. Usually a 1-2 hour commitment.  
**Urban Farm**: From April to September volunteers plant, prune, weed and harvest at multiple urban gardens throughout Minneapolis, St. Paul and Afton. Youth as young as 6 are welcome when accompanied by an adult. Morning and afternoon shifts.  
**Receptionist**: Monday through Friday, 3 shifts—7:30 – 10:00 am, 10:00 am – 1:00 pm, and 1:00 – 4:00 pm |
| Where | 2500 Bloomington Avenue South, Minneapolis |
| Number of volunteers needed per event | Number of volunteers needed and shifts available fluctuates. The first step is to complete the volunteer application and sign up for training online at [www.openarmsmn.org](http://www.openarmsmn.org). |
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