






THE MAGNET: SENIOR EVENTS & ACTIVITIES – SEPTEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
 <p><i>“You wanna fly, you got to give up the stuff that weighs you down.”</i></p> <p>– Toni Morrison</p>	2 WESTMINSTER In observance of Labor Day our center is CLOSED	3 CENTRAL Balance Chair Yoga 11:15 AM - 12 PM	4 WESTMINSTER Coffee & Conversation on the Courtyard 9:30 – 11:30 AM	5 CENTRAL Open Conversation and Activities 9 AM – 12 PM The Commons	6 CENTRAL The Magnet Film Club: On the Basis of Sex (PG-13) 1 – 3 PM 2 nd Floor Pohlad Hall	Spirituality and Aging (Part 2): Aging through the Lens of Scripture presented by Reverend Tim Hart-Anderson Preparing for tomorrow through learning,  The New-Old Adventurers strive to enrich the lives of older adults by providing useful education tailored to both their spiritual and everyday lives. Join us for a conversation on spirituality and aging with Rev Tim-Hart Anderson . Tim will use the lens of Scripture to take us more deeply into the aging process and spirituality. There will be time for discussion in small groups and a break for a light lunch of soup, bread, and salad (donations to offset costs accepted). Tim will wrap up the time together with a Q & A. The discussion will conclude at 1 pm.
	9 WESTMINSTER September Birthdays Celebration 10:30 – 11:30 AM Bushnell Room	10 CENTRAL Balance Chair Yoga 11:15 AM - 12 PM	11 WESTMINSTER History Discussion Club: The Silk Road 10:00 – 11:00 AM Spirituality and Aging Part 2: Aging Through the Lens of Scripture (11 AM – 1 PM) Meisel Room	12 CENTRAL Open Conversation and Activities 9 AM – 12 PM The Commons	13 CENTRAL The Magnet Film Club: What's Up Doc (1972) 1 – 2:30 PM 2 nd Floor Pohlad Hall	
	16 WESTMINSTER Movement Monday Group Walk 10 AM – 11:15	17 CENTRAL Three Rivers Art & Nature: Minnesota Pollinators 9:30 – 10:30 AM Balance Chair Yoga 11:15 AM - 12 PM	18 WESTMINSTER Open Conversation and Activities 9 AM – 12 PM	19 CENTRAL Open Conversation and Activities 9 AM – 12 PM The Commons	20 CENTRAL The Magnet Film Club: October Sky (PG) 1 – 3 PM	
22 WESTMINSTER Farmers Market 9AM – 1PM 12 TH & Nicollet Share your treasures and stories with us!	23 WESTMINSTER  Bring an Object • Share Its Story 10:30 - 11:30 AM Heller Commons	24 CENTRAL /WPC Balance Chair Yoga 11:15 AM - 12 PM at Central Town Hall Forum: White Power and Paramilitary America 12 – 1PM at Westminster	25 WESTMINSTER Open Conversation and Activities 9 AM – 12 PM 	26 CENTRAL Finding Frankenstein 9:30 – 11 AM 2 nd Floor N-270	27 CENTRAL The Magnet Film Club: Toni Morrison: The Pieces I Am 1 – 3 PM 2 nd Floor Pohlad Hall	
29 WESTMINSTER Farmers Market 9AM – 1PM 12 TH & Nicollet	30 WESTMINSTER Movement Monday Group Walk 10 AM – 11:15	 Senior Activities and Conversations 612-540-2928 x27231		A joint partnership of Minneapolis Central Library and Westminster Presbyterian Church. Offering older adults a place to gather for coffee, conversation, cultural and educational events. Drop in; no reservations required. People of all faiths welcome! Ages 50+. For additional information call		

THE MAGNET: GENERAL INFORMATION AND ACTIVITY DESCRIPTIONS

Westminster Presbyterian Church is located at 1200 Marquette Avenue Minneapolis, MN 55403

Minneapolis Central Library is located at 300 Nicollet Mall Minneapolis, MN 55403



Westminster
Presbyterian Church

Movement Monday: Group Walk

Mondays on September 16th and 30th (10 – 11:30 AM). Departing from Westminster Presbyterian Church at 10 AM.

Join on Monday September 16th and 30th for a group walk in the downtown neighborhood (weather permitting). We'll walk together and enjoy the natural amenities the neighborhood has to offer. Wear your comfy walking-shoes and layer up your attire. We'll provide water and a snack to help you power through the morning! We depart from Westminster at 10 AM!



Westminster Town Hall Forum: White Power and Paramilitary America presented by Kathleen Belew Tuesday September 24th at Westminster Presbyterian Church (12 – 1 PM) in the Sanctuary

Kathleen Belew is Assistant Professor of History at the University of Chicago where her teaching and research focus on militarization, violence, racism, and identity in 20th-century America. Her recent book, *Bring the War Home*, explores white power activism from its roots in the Vietnam War to its collaboration with neo-Nazi, Ku Klux Klan, skinhead, and militia movements. She has been featured on *Fresh Air*, *Weekend Edition*, CBS, and the *Frontline* program *Documenting Hate*. A graduate of the University of Washington with a degree in the history of ideas, she earned an MPhil and PhD in American studies from Yale University. She is currently a research fellow at the Center for the Advanced Study of the Behavioral Sciences at Stanford University.



Finding Frankenstein: Mary Shelley Thursday September 26th (11 AM – 1 PM) Central Library, 2nd Floor N-270

Learn about the science and culture of the early 1800s from Shelley herself in an interactive performance, and find out what led the mother of science fiction to write the novel "Frankenstein" at the age of 18. Collaborator: The Bakken Museum. Funded by Minnesota's Arts and Cultural Heritage Fund

THE MAGNET FILM CLUB SPECIAL FEATURE - *Toni Morrison: The Pieces I Am* (2019) Friday September 27th at Central Library (1 – 3 PM) Second Floor, Pohlad Hall

The Magnet Film Club Together we will watch the 2019 documentary film *Toni Morrison: The Pieces I Am* directed by Timothy Greenfield-Sanders. **Synopsis:** "After a stint as an editor early in her career, American writer Toni Morrison understood the publishing industry better than the ordinary writer—but she refused to be defined by the establishment. She wrote her books from a vital, underrepresented point of view. Throughout, Morrison is effortlessly graceful, insightful, and candid, making this intimate, comprehensive portrait of her life and works an exploration of what it means to be a writer whose stories are so deeply intertwined with often-unrealized national truths". **This film is rated PG-13 and is 119 minutes in length.**



Three Rivers Park District Art & Nature: Pollinators in Minnesota (9:30 – 10:30 AM) Tuesday September 17th (11 AM – 1 PM) Central Library

Enjoy a one hour program at our **Westminster** location led by artists and naturalists from Three Rivers Park District. Nature-inspired arts are a fun way to recreate, be creative and intellectually stimulated! FREE to attend. All art & nature materials provided. Each class hosts **up to 15 participants**.

Mobile Mending Sunday, September 15, 2019 (9:00AM – 11:30AM) Minneapolis Central Library Bring your clean jeans, shirts and jackets that need mending and repair. Get buttons added, patches added, hems adjusted, and items shortened at no cost. Services will be provided by Mobile Menders – a volunteer group that provides free clothing repair to those in need. Collaborator: Mobile Mending