










THE MAGNET: SENIOR EVENTS & ACTIVITIES – JANUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT	
 <p>Senior Activities and Conversations</p>		<p>THE MAGNET SENIOR CENTER: A joint partnership of Minneapolis Central Library and Westminster Presbyterian Church. Offering older adults a place to gather for coffee, conversation, cultural and educational events. Drop in; no reservations required. People of all faiths welcome! Ages 50+ For more information contact our Senior Center line at 612-540-2928 ext. 272</p>			<p>3 CENTRAL LIBRARY</p> <p>Open Conversation and Activities 9 AM – 12 PM</p> 		<p>HAPPY NEW YEAR! Join us in the month of January as set our intentions for 2019 and gather for coffee, tea & fellowship.</p>  <p>Financial Matters. Sponsored by the New Old Adventure:</p> <p>Learn how to manage your financial assets while protecting you and your family. Sponsored by the New Old Adventurers.</p> <p>January 16th and 23rd 10:30 AM - 12:00 PM Westminster (Meisel Room)</p> <p>Options and Resources to Support Aging in Place:</p> <p>Learn why planning for long-term care is important. We discuss the costs of long-term care and share tools and resources available to help older adults who prefer to stay in their homes.</p> <p>Collaborator: Metropolitan Area Agency on Aging January, 17th 10 – 11AM (Central Library)</p>
 <p><i>“And now we welcome the new year. Full of things that have never been.”</i> - Rainer Maria Rilke</p>		<p>7 WESTMINSTER</p> <p>HOT COCOA & CONVERSATION 9 AM – 12PM</p> <p>Heller Commons</p> 	<p>8 CENTRAL LIBRARY</p> <p>Tracks In The Snow Art & Nature 9:30 AM – 10:30 AM</p> <p>Balance Chair Yoga 11:15 AM -12 PM</p>	<p>9 WESTMINSTER</p> <p>History Discussion Club (The Great Depression) 10:30 – 11:30 AM Bushnell Room</p>	<p>10 CENTRAL LIBRARY</p> <p>Open Conversation and Activities 9 AM – 12 PM</p>		
		<p>14 WESTMINSTER</p> <p>January Birthday Celebrations 9 AM – 12PM</p> 	<p>15 CENTRAL LIBRARY</p> <p>Open Conversation and Activities 9 AM – 12 PM</p> <p>Balance Chair Yoga 11:15 AM -12 PM</p>	<p>16 WESTMINSTER</p> <p>Financial Matters (Part 1) 10:30AM – 12:00PM Meisel Room</p>	<p>17 CENTRAL LIBRARY</p> <p>Options and Resources to Support Aging in Place 10 – 11AM</p>		
 <p><i>“We may have all come on different ships, but we're in the same boat now.”</i> - Martin Luther King, Jr.</p>		<p>21 WESTMINSTER</p> <p>Create Your Vision Board for 2019 (Part 1) 10:00 – 12:00 AM</p> <p>Martin Luther King, Jr. Day</p>	<p>22 CENTRAL LIBRARY</p> <p>Open Conversation and Activities 9 AM – 12 PM</p> <p>Balance Chair Yoga 11:15 AM – 12 PM</p>	<p>23 WESTMINSTER</p> <p>Current Events Club 10:30 – 11:30AM Bushnell Room</p> <p>Financial Matters (Part 2) 10:30 AM – 12:00PM Meisel Room</p>	<p>24 CENTRAL LIBRARY</p> <p>Open Conversation and Activities 9 AM – 12 PM</p>		
		<p>28 WESTMINSTER</p> <p>Create Your Vision Board for 2019 (Part 2) 9:00 – 10:00 AM</p> <p>SHOW & TELL 10:30 – 11:30 AM Heller Commons</p>	<p>29 CENTRAL LIBRARY</p> <p>Balance Chair Yoga 11:15 AM – 12 PM</p> 	<p>30 WESTMINSTER</p> <p>Create Your Vision Board for 2019 (Part 3) 10:00 – 12:00 AM</p>	<p>31 CENTRAL LIBRARY</p> <p>Open Conversation and Activities 9 AM – 12 PM</p> 		

Open Conversation and Activities Include: Coffee. Snacks. Cards. Games. Books. Puzzles. Newspapers. Music. Art Supplies. Resource Materials. FUN. We have it!

The Magnet: Senior Center Information and Activity Descriptions

Westminster Presbyterian Church is located at 1200 Marquette Avenue Minneapolis, MN 55403
Minneapolis Central Library is located at 300 Nicollet Mall Minneapolis, MN 55401



Westminster
Presbyterian Church



FREE Underground Parking Available to Westminster Visitors

Tracks in the Snow: Art & Nature – Tuesday, January 8, 2019 (9:30 – 10:30AM) Central Library Learn about tracks in the snow with a naturalist. Then create a nature-themed project with an arts educator. Materials provided. Collaborator: Silverwood Park, part of Three Rivers Park District. The Magnet program is for active older adults and focuses on art and nature-themed projects. Art projects rotate with bookmaking, painting, clay, printmaking and more. Every other month, The Magnet highlights the natural world around us, followed by a craft.



History Discussion Club: "The Great Depression" - Wednesday, January 9, 2018 (10:30 – 11:30 AM) Westminster Read about and discuss one America's hardest tribulations where few weren't impacted by tough economic times. For a reading packet, ask at Minneapolis Central Library's 4th floor iDesk, or pick one up at both Magnet Center locations (Central/Westminster).

THE MAGNET FILM CLUB: "BlacKkKlansman" - Friday, January 11, 2019 (10:AM - 12:15 PM) Central Library Together we will watch the 2018 Golden Globe-nominated film *BlacKkKlansman* starring John David Washington and Adam Driver, directed by Spike Lee. This film is rated R. The Magnet Film Club watches a variety of films. All are welcome. Closed captions provided upon request and availability.

THE MAGNET FILM CLUB: "Mission: Impossible - Fallout" - Friday, January 18, 2019 (10:00 AM - 12:00 PM) Central Library Together we will watch the 2018 film *Mission: Impossible - Fallout* starring Tom Cruise, Henry Cavill and Ving Rhames. This film is rated (PG-13). The Magnet Film Club watches a variety of films. All are welcome. Closed captions provided upon request and availability.

Create Your Vision Board for 2019 – Beginning Monday, January 21, 2018 (10:00 AM – 12:00 PM) at Westminster
During these gatherings we will spend quality time thinking about what we want in life, our dreams, goals and aspirations for the 2019. Together we will each make our own Vision Board. A vision board is a collage of images, pictures and affirmations of one's dreams and desires, designed to serve as a source of inspiration and motivation and to attain goals. Supplies are provided but please feel free to bring additional magazines and anything you would like to add to your board. Take home your creations! See front of calendar for all dates.



THE MAGNET FILM CLUB: "Roman Holiday" - Friday, January 25, 2019 (10:00AM - 12:00 PM) Central Library Together we will watch the 1953 classic film *Roman Holiday* starring Audrey Hepburn and Gregory Peck. The Magnet Film Club watches a variety of films. All are welcome. Funded by Minnesota's Arts and Cultural Heritage Fund. Closed captions provided upon request and availability.